

# Comprehensive School Counseling Program Delivery System

## Guidance Curriculum

Provides developmental, comprehensive guidance program content in a systematic way to all students K-12

### Purpose

Student awareness, skill development and application of skills needed in everyday life.

### Academic

- ◆ Effective learning in school and across the life span
- ◆ Academic preparation for post-secondary options
- ◆ Relationship of academics, work, family and community

### Career

- ◆ Investigate the world of work to make informed decisions
- ◆ Strategies to achieve future career goals
- ◆ Relationship of personal qualities, education, training and work

## Responsive Services

Addresses students' immediate concerns

### Purpose

Prevention and intervention.

### Academic

- ◆ Any immediate academic concerns
- ◆ School-related concerns including tardiness, absences and truancy, misbehavior, school avoidance, dropout, suspensions, etc.

## Individual Student Planning

Assists students and parents in development of academic and career plans

### Purpose

Individual student academic and occupational planning, decision making, goal setting and preparing for academic transitions

### Academic

- ◆ Facilitation and/or interpretation of criterion and norm-referenced tests
- ◆ Academic preparation essential for post-secondary options
- ◆ Understand academic strengths related to occupations
- ◆ Appropriate course selection
- ◆ Development of a K-12 educational plan/portfolio
- ◆ Development of an educational plan beyond high school including post-secondary selection/financial aid/scholarships
- ◆ Use of diverse assessment results

### Career

- ◆ utilize career information resources in school and community
- ◆ explore career clusters
- ◆ Interest and skill inventories
- ◆ Occupation searches
- ◆ Self-knowledge relating to career choices
- ◆ Appropriate course selection, tech prep, work-based learning including job shadowing and internships
- ◆ Develop a career plan/portfolio.

## System Support

Includes program, staff and school support activities and services

### Purpose

Program delivery and support.

### Total Program

- ◆ school counselor professional development
- ◆ Advocacy and public relations for comprehensive school counseling programs
- ◆ Advisory committee
- ◆ Program planning and development
- ◆ Evaluation and assessment of comprehensive school counseling program, personnel and student results
- ◆ Documentation of how comprehensive school counseling programs contribute to student achievement
- ◆ School improvement planning
- ◆ Integration of guidance essential teachings across the school curriculum
- ◆ Parent involvement and education.
- ◆ Consultation with staff and community
- ◆ Instructing on age-appropriate issues with staff and community
- ◆ Practices based on research
- ◆ Community outreach and involvement
- ◆ Data analysis

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## Guidance Curriculum

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### Personal/Social

- ◆ Interpersonal skills to respect self and others
- ◆ Decision-making, setting goals and taking action to achieve goals
- ◆ Understanding everyday safety and survival skills

### Counselor Role

- ◆ Guidance curriculum implementation
- ◆ Classroom or structured groups
- ◆ Consultation

### Time

Elementary 35%–45%

## Responsive Services

Addresses students' immediate concerns

### Personal/Social

- ◆ Physical, sexual or emotional abuse and issues
- ◆ Crises
- ◆ Grief, loss and death
- ◆ Substance abuse
- ◆ Family issues
- ◆ Coping with stress
- ◆ Relationship concerns
- ◆ Divorce
- ◆ Legal issues such as probation, arrests or incarceration
- ◆ Referral plan.
- ◆ Contact and develop relationships with mental health resources in your area.

### Counselor Role

- ◆ Individual counseling
- ◆ Small-group counseling
- ◆ Referral
- ◆ Consultation

### Time

Elementary 30%–40%

## Individual Student Planning

Assists students and parents in development of academic and career plans

### Personal/Social

- ◆ skills and competencies related to student and employee success

### Counselor Role

- ◆ Assessment
- ◆ Planning
- ◆ Placement
- ◆ Consultation

### Time

Elementary 5%–10%

## System Support

Includes program, staff and school support activities and services

### Counselor Role

- ◆ Develop and manage program
- ◆ Coordination
- ◆ Develop relationships and partnerships
- ◆ Consultation

### Time

Elementary 10%–15%